



The Sentinel News

A Publication of the SHS Booster Club
From the Administrator's Office: Jan McCrimmon, Principal

Bettye Craft & Nanette Winkler Co-Presidents
Nanette Winkler, Editor

Welcome Class of 2016!

The high school staff is eagerly awaiting the arrival of the incoming 9th graders. We are looking forward to forming a partnership over the next four years. We are proud of our high school, the school spirit and the rigor of our curriculum. I hope the following will get the new year off to a positive start:

IMPORTANT DATES:

Thursday August 23rd: The first welcome to the high school for incoming ninth graders takes place on August 23rd: at 6:30 PM in the gym. Both parents and students will start in the gym, but soon after the welcome the students will be whisked away to the theatre by students in the leadership class. Such topics as classes, homework policies, lockers, athletics, how to change a schedule etc. will all be covered. There will be a time for questions and for those who would like a tour of the school, students will be on hand to show you around. The program is less than an hour long.

August 24th: Sentinel Day sign-up for a sport, pay fees, purchase a planner, join the Booster Club, put money into the lunch account etc. Freshmen and sophomores may come anytime between 9:00-11:30 AM. Our volunteers need to get a lunch so please do not arrive any later than 11:00 AM because doors will shut at 11:30 AM. Juniors and seniors may come 12:30-2:30 PM

Class Supplies: Check in this newsletter for specific supplies that are required in some classes. The basic for all classes include: a three ring binder with dividers, college rule paper, pencils and pens.

School Spirit: Orange is the class color for freshmen so keep your eyes open for orange tops, glasses, hats, shirts, pants socks etc...we love spirit day where all the classes show their colors. Each year it is easier to count the students who were NOT wearing their color; join the fun and get involved.

Closed Campus: Once students arrive they are not to leave campus. I realize that the Chevron down the street beckons the students, but we do not allow them to leave once they arrive at school.

As both an administrator and parent, I am encouraging all parents to volunteer and be active at the high school. There is no better way of knowing what is going on in the school than being part of the high school environment. I know from experience, that your adolescent may discourage you from volunteering as a chaperone, selling tickets at a game, or helping in the library, just let them know that you appreciate their opinion but you are going to still be an involved and visible parent at high school functions.

Get a Yearbook While They Last

There are only 100 yearbooks left, so buy yours now!

If you wait until they arrive they may be gone. Yearbooks may be purchased at jostensyearbooks.com with a credit card up until Friday, May 25th. I believe every senior should have a book, but some seniors cannot afford to purchase one. If you would like to buy a book as a donation for a senior contact Terry Bader at: tbader@steilacoom.k12.wa.us.

Hello Steilacoom High School Community:

I want to take this opportunity to let you know that I am honored to have been chosen as your principal. I have enjoyed meeting faculty, students and community members during my short visits this spring, and I look forward to meeting more of you in the coming months. Steilacoom High School is an amazing place, and I am humbled by the fact that I am joining such an outstanding group of educators and students. I will work hard to maintain what is clearly a positive and safe school culture.



I am very interested in learning how you perceive your school. To that end, online surveys for students, staff, and community members will be posted on the school website after June 5th, 2012, and will remain open until June 22nd, 2012. Please take the time to complete the survey that applies to you; your voice is integral to making Steilacoom High School an even better place than it already is.

Along with the surveys, I hope you will take the time to stop by and share your thoughts with me in person. Building trust that allows for open exchange about what really matters to you is my first priority. Together, we can maintain what is already great about Steilacoom High School.

Thank you!

Brian Hanson

Sentinel Day

Friday, August 24th

A day to take care of your start up fees before the first day of school.

Freshman & Sophomores from 9:00-11:30 AM

with

Juniors & Seniors from 12:30-2:30 PM

Note from the Registrar's Office:

Need to Withdraw a Student?

Parents / Guardians: After physically coming to the High School to sign a withdrawal slip for your student (*sorry, no notes or phone calls*), please allow one day for your student to hand carry a withdrawal slip around. A student must sign out with all 6 teachers, the library, food services and Mrs. Schiller before copies of their transcript, withdrawal grades and immunization records can be given to the student.

Thank you for adhering to these guidelines.

What's New in the Career Center

A group of students attended the Clover Park Technical College's (CPTC) Career Fair on May 10th. There were several hundred high school students representing over 30 high schools across the state. Students were able to meet with instructors and college students representing the various programs available. Several courses offered "hands on" activities so students could enjoy participating in the programs. Fun was had by all! CPTC is ranked 3rd in the nation for technical colleges!

Junior Parents and Students

A representative of Act Six scholarship program will be visiting SHS in May. If your student is interested in finding out more about the scholarship opportunities thru ACT SIX, please check our calendar for the date and time and have your students sign up to meet with the representative. For more information, visit www.actsix.org. This summer is a great time to visit prospective colleges. Check out the calendar countdown for the juniors and seniors found on the Career Center website. September will be here before you know it! Mark your calendars for the College Fair at the Puyallup Fair Grounds in September. More than 30 colleges will have representatives available to discuss and provide information on curriculum, costs, running start, financial aid, activities and campus life. It comes with a FREE ticket to the fair! These will be available next September when students return to school. The National College Fair will be in Seattle on Nov. 2 and 3rd.

Summer Opportunities at Colleges

Most colleges and universities offer summer programs for students interested in finding out more about college life on their campuses. Several opportunities are listed on the **Career Center** site. Also check out the college websites directly for more information.

Need Summer School?

If your student needs to attend summer school or is looking for a fun class this summer, check out the summer course catalogue on the Pierce County Skills Center website: www.pcskillscenter.org/summer_catalog/list. All courses being offered are available to high school students, including incoming 9th graders. Class locations are held at various schools in Pierce County. Many of the courses are for students who want to take an enjoyable, introductory class this summer. This includes Introduction to Criminal Justice, Hospitality, Foods, Medical Careers, and Robotics. How about a Culinary or Automotive class? Check it out!

Career Center Website

The Career Center is online!! You can find it through the SWIFT website.... <http://www.swiftclassroom.com/shs/careercenter/index.php>. On it you will find a list of college visits to SHS along with College Fairs in the area, upcoming SHS field trips, Washington State college and scholarship information, as well as a senior countdown. Check it Out!!!

Counseling Office Summer Hours

August 20th Office opens 9:00 AM - 2:00 PM

Seniors or Parents may pick up diplomas.

August 20th - 24th New student scheduling and schedule corrections by appointment only. Please call 253-983-2304 to schedule an appointment. Corrections made for extenuating circumstances or misplacement only (i.e. summer school, open periods).

August 27th - 30th Counselors will not be available

Congratulations!

Ashley Connors and Susan Wolfgram

Congratulations go out to Ashley Connors and Susan Wolfgram for scoring over 200 on their PSAT. As stated in the recognition letter:

With a Selection Index Score of 200 or above, each of these students is among the 50,000 highest-scoring participants of some 1.5 million program entrants. Because these high performers have shown outstanding academic potential, we are now inviting them to be referred to two colleges or universities in the United States in which they are especially interested. At some point in the near future, 16,000 of the fifty thousand students will be named National Merit Program Semifinalists and 34,000 will be Commended Scholars.

★ SHS Students of the Month ★

For March:

Sarah Anderson wants to be a Pixar animator for the Disney co. and plans to attend the U of W for computer sciences. she is our ASB Treasurer, belongs to Key Club, NHS, and enjoys hanging with friends in her spare time.

John Dang is a former Key Club Prez. and belongs to NHS. He enjoys playing beach volleyball more than any other sport – but he just can't make a decision when it comes to college – to be a cat or a dog, that is the question! (go DAWGS!!!!!!)

For April:

Erika Rosen plans on attending U of W in Seattle to major in psychology. She played soccer for "Ala Kazaam" and went to and WON State! She hangs with friends when she is not STUDYING EXTENSIVELY for AP history and calculus!!

Jordan Whalen is going to Pierce to study criminal justice (some of you out there may want his cell number for future reference) and when he is not playing any video game, he is catching up on his zzzzzzzzz's! Get this, he likes to play football with his 14, 15 & 24 year old brothers!! They are almost a whole team!

For MAY:

Melanie Kingsley has been accepted to WWU where she will major in computer science. She is an avid rock climber and has played the piano since she was 9! She is a member of NHS and Treasurer for the SHS Math Team.

Chris Meyers will attend Central WU on an ROTC scholarship! His double major in history and political science will serve him well as an army officer when he graduates. He likes to play guitar and baseball and work out in his "off" time. He is also a member of NHS!

For June:

Emily Durant plans to get her AA from TCC then transfer to Eastern to major in Bio Chem. She is VERY creative and artistic so in her spare time she likes to draw and read. Although she does not have one of her own, her passion is riding horses! (Her birthday is in Oct for someone rich out there)

AJ Harper also plans to attend Eastern. His major will be Psychology. AJ is VERY musical. He plays the oboe, clarinet and has played the piano for almost 13 of his 18 years!! He played soccer for awhile, is a member of SHS Prevention Team and of course, NHS!

Happy Summer

\$SCHOLARSHIPS 2012

Compiled by Mrs. Betancourt

**All applications for scholarships will be accepted without regard to race, color, national origin, gender, disabilities, or language.*

WASHINGTON WINE INDUSTRY FOUNDATION SCHOLARSHIP Deadline: June 1, 2012 (\$500 – 3,000) Seniors planning to study viticulture and/or enology to apply at www.washingtonwinefoundation.org

INTERNATIONAL AIR AND HOSPITALITY ACADEMY, NORTHWEST CULINARY INSTITUTE, NORTHWEST RENEWABLE ENERGY INSTITUTE SCHOLARSHIPS Deadline: June 1, 2012 **See Ms. Betancourt for nomination** See catalog under "No deadline" Airline Industry or Hospitality; Wind Turbine; or Culinary Arts.

NORTHWEST CAREER COLLEGES FEDERATION "CAREERS THAT WORK" Deadline: June 1, 2012 Planning on attending DeVry, Everest, Gene Juarez, and 41 others, **See Ms. Betancourt** for \$1,000. scholarship.

ABBOTT AND FENNER SCHOLARSHIP Deadline: June 15, 2012 Seniors submit an essay on the topic that appears on the website www.abbottandfenner.com/scholarships.htm

BIG SUN SCHOLARSHIP Deadline: June 22, 2012 Senior athletes to apply online at www.bigsunathletics.com. Any sport qualifies.

MUST PLAN ON ATTENDING THESE COLLEGES FOR SCHOLARSHIPS

SEATTLE UNIVERSITY FOSTERING SCHOLARS PROGRAM Must be accepted to qualify for award for being in foster care, emancipated youth in state, or kinship care.

U OF W - PAUL R. WINEMAN (PHI KAPPA PSI FRAT) SCHOLARSHIP Deadline: April 10, 2012 Senior male. Selection based on: achievements, community service, long-term goals

Check out these scholarships web sites.

www.Pepsi-ColaTuitionFundingSources.com

www.fastweb.com

www.anycollege.com

www.becarers.org

anycollege.net

www.wiredscholar.com

www.christianconnector.com

www.thewashboard.org

www.WashingtonScholarships.org

www.scholarships.com

www.makingitcount.com/scholarship

www.careercrusing.com

StudentScholarships.org

WEST POINT MILITARY ACADEMY Juniors interested in attending, now is the time to open a file with the academy. Go online secwww.admissions.usma.edu/forms/apply for information.

AMERICAN LEGION SCHOLARSHIPS Seniors go line to www.legion.org/needalift to check out these scholarships.

SHS's Very Own Outstanding Mathematicians

Steilacoom High School strives for a high level of academic achievement. The Math Department would like to recognize a few of the outstanding Sentinel Mathematicians this year. These students achieve good grades, work hard, are great helpers and have many more positive qualities to make them great math students. **GREAT JOB!**

- ◆ **Karianne Aanesland** has done a great job in math this year. She is willing to work hard to make sure she understands all of the material and consistently completes her homework.
- ◆ **Emily Anderson** has done outstanding in Geometry.
- ◆ **Raven Barbera** has done outstanding in Geometry.
- ◆ **Megan DeMorse** has done outstanding in Geometry.
- ◆ **Alexander Flores** has an outstanding natural ability in math and is willing to take challenges as he improves his math learning.
- ◆ **Vince Geangan** has done outstanding in Geometry.
- ◆ **Jocelyn Gonzalez** has done outstanding in Geometry.
- ◆ **Chulha Hwang** has done outstanding in Geometry.
- ◆ **Kavic Kumar** has done outstanding in Geometry.
- ◆ **Julie Landes** has done outstanding in Geometry.
- ◆ **Alicia Larson** has scored above a 90% on her last 3 exams and demonstrates the ability to teach Algebra skills to her peers on a daily basis. She is a hard worker and a very pleasant student to have in class
- ◆ **Bradley Madsen** is consistently on task and a quiet professional.
- ◆ **Katherine Meikle** is a very thorough worker and performs well on her assessments.
- ◆ **Jared Merchant** has done outstanding in Geometry.
- ◆ **Samantha Patton** has done outstanding in Geometry.
- ◆ **Stephen VanAlstyne** has done outstanding in Geometry.
- ◆ **A SPECIAL CONGRAULATIONS to All AP Calculus Students!**



Felicidades!



Congratulations or "Felicidades" to the following Spanish 3 students, Darien Ezell, Summer Spencer, Sadie Shevlin-Bennett, Ericka Rosen, Karly Tinsley, Joannie Salyer, Jasmin Roldan, Gabrielle Ivy, Kyra Gilchrist and Jenifer Pitts. They placed Honorable Mention on the National Spanish Exam!

Thanks for all their hard work and dedication! Every year over 26,000 students take this level of exam in the nation. It was a two day test done on the computer in March. All Spanish 3 students took a Proficiency test which includes reading and listening and an Academic test that consists of vocabulary and grammar. This gives the students an opportunity to test their skills and compete with others to get an idea of how well they have learned and acquired Spanish in the last 3 years. Sra. Jensen & Sra. Haymond

Congratulations!

Our Own Expressions, Pierce County Library System's annual Teen Writing & Art Contest winners from SHS

Congratulations to freshman Jocelyn Gonzales, junior Katherine Meikle, and senior Kaley Kiermayr, who were recognized by the Pierce County Library System for their entries in the "Our Own Expressions" teen writing and drawing contest.

Jocelyn's poem "Child's Play" won second place in the 9th-10th grade poetry category, Katherine's photograph "Illuminate" won first place in the 11th-12th grade photography category, and Kay's short story "Writer's Block" won first place in the 11th-12th grade short story category.

The girls will be honored at an awards ceremony Thursday, May 24th at 7:00 PM at PLU's Lagerquist Concert Hall.

Congratulations Graduates of 2012

Commencement is Sunday, June 10th at 1:00 PM

In Olson Auditorium at PLU *The public is invited to attend.*



Notes from the Nurse

It is the end of the year. All medication currently at school must be picked up by the last day of school June 15th by 11:00 AM. Any medication left will be destroyed. Each year it is required to have new Doctors orders to have medication given at school. I will be available for questions and to drop off medication during Sentinel Day , August 24th. Anyone with a health condition that is considered life threatening must have their paperwork completed and medication at school on the first day. This applies to all prescription and over-the-counter medications.

Tdap immunization required for those going into the 9th, 10th and 11th grades. Please use this summer to get your students vaccinated. Remember all recommended immunizations are free until the students 19th birthday. Going to college? Make sure to check with your college about vaccine requirements. Different states and schools have different requirements. For example; Texas A&M requires the meningococcal vaccine. (The Meningococcal vaccine is now a two shot vaccine, talk to your health care provider.) Texas also requires court approved personal exemptions.

Reminder to all adults and older teens, please make sure your pertussis shot is up to date. Protect yourself and others from the whooping cough.

If you have any questions, please call the health room at 983-2338. Have a safe summer. Kris Harper RN

Madigan Healthcare in the Schools

Steilacoom Historical School District and Madigan Healthcare System recently entered into a partnership to bring health care services to military students at school, during school hours. School-based health care allows students and families to have easier access to health care, provides increased capacity for preventive care, helps with the volume of clients visiting the adolescent clinic on base, and allows for convenient health-care scheduling, allowing students to miss less school.

Madigan Healthcare System beneficiaries at Pioneer Middle School and Steilacoom High School now have access to on-campus health clinics operated by the Adolescent Medicine Division of the Department of Pediatrics. The clinics provide a range of services including physicals, treatment of minor illness or injuries, routine immunizations, behavioral and emotional health treatment, as well as provide developmentally appropriate guidance and education on subjects such as nutrition and development.

Only Defense Enrollment Eligibility Reporting System (DEERS) enrolled military beneficiary students enrolled in the schools may be seen at the clinics. Additionally, students must have a consent form signed by a parent or guardian in order to receive the health services at the schools.

Consent forms will be sent to eligible beneficiaries shortly and are also available in the schools and in the Madigan adolescent clinic. For more details, or for appointment information, call 253-968-1980.



Future Sentinel Newsletters

will be emailed to families as well as posted on the SHS website. To ensure that you receive your next issue please make sure we have your current email address. It can be updated on your Skyward Family Access account or by contacting the school office.

Pertussis Outbreak in Pierce County & Washington State

Our region is experiencing an epidemic of pertussis. In Pierce County during the month of April over 100 cases were reported which is almost as many as were reported in all of 2011. About 70% of the reported cases so far this year have been in school-age children.

Pertussis is a bacterial illness that may begin with symptoms like the common cold: runny nose, scratchy throat, or cough. The cough then gets worse over one to two weeks. Fever is usually mild or absent. Most children and adults don't get seriously ill, but for infants, pertussis can be life-threatening. Last year, two infants in Washington State died of pertussis.

There are many things you can do to protect your family and your community from pertussis:

- Make sure that everyone in your family, including teens, parents and grandparents, are up-to-date on all of their shots. There is a one-time pertussis booster shot that all teens and adults should receive if they have not already had it.
- Keep coughing people away from babies and pregnant women.
- See a doctor sooner for your cough if someone close to you has recently had pertussis.
 - ~ Coughing a week or more with any of the following: uncontrollable fits of coughing, vomiting after coughing, or coughing until out of breath.
 - ~ Coughing two weeks or more.
- Infants, pregnant women in their 3rd trimester, and people who have close contact with them should see a doctor for any new or worsening unexplained cough.
- If you have pertussis, stay out of work and school until you have finished five days of antibiotic medicine for pertussis.
- Cover coughs and sneezes, wash hands frequently with soap and water, and stay home from work or school when sick.

If you have questions about pertussis or are concerned that you might have pertussis, please call your healthcare provider.

Adapted from Public Health Seattle and King County

Lakewood Rotary Educator of the Month



Lakewood Rotary presented their Teacher of the Month awards at the club's Friday, April 13th meeting. From the Steilacoom Historical School District was Teri Litt (left), "the backbone for the high school and middle school." Teri is a certified school librarian, and a teacher, technology specialist, coach, problem solver advisor, text book tracker, mentor, and a resource specialist. She spends about half her time teaching research skills to students. English teachers invite her into their classrooms to demonstrate how to access quality sites for research papers. Dismiss the stereotype of a librarian who is always shushing students, Teri Litt's library is full of buzz. Accompanying Teri was her the Steilacoom High principal, Jan McCrimmon.

Supplies for Math

For Algebra 1, Geometry, and Algebra 2

- ✓ 2 Composition notebooks
- ✓ Pencils/Erasers
- ✓ Ruler
- ✓ Protractor and compass (Geometry only)
- ✓ Colored pencils/pens (Geometry only)
- ✓ Scientific Calculator (Algebra 1)
- ✓ Graphing Calculator (Algebra 2 & Geometry)



For Pre-Calculus and AP Calculus

- ✓ Composition Books
- ✓ Pencils/Erasers
- ✓ Graphing Calculator (TI-84 recommended)

Supplies for Science

Physical Science

- ✓ Composition Notebook
- ✓ Pencils

Biology, AP Biology, Anatomy, Physiology, Genetics, and Chemistry

- ✓ Composition notebook
- ✓ A set of colored pencils
- ✓ Glue sticks
- ✓ Binder(1-1.5 in)/ folder



Shopping at Office Depot?

Office Depot has a Back to School Program which brings money for supplies into our building. When checking out at Office Depot, present Steilacoom High School's 5% Back to School ID#: **70107724**. Five percent of your qualifying purchases will be tallied and offered to Steilacoom high School as an Office Depot Merchandise Card to use for free supplies.

"A Night of Enchantment"

Way to go class of 2013 for hosting such a successful prom! "A Night of Enchantment" was held at the Pioneer Park Pavilion in Puyallup on May 12th. The evening was filled with enchantment and entertainment. After the votes were counted, Tori Powers and James Mack were crowned Prom princess and prince and Jesse Guzman and Janet Trujillo were deemed King and Queen of the affair. Catering provided by Hello Cupcake and the photo booth proved to be the highlight of the evening. Feel free to check it out and download free prints at <http://www.abellaphoto.com/shsprom12>. Thank you to all that supported and chaperoned the event. You made it a success!



King Jesse Guzman, Queen Janet Trujillo, Princess Tori Powers & Prince James Mack

Steilacoom Youth Cheerleading Camp

Kick off summer with a **CHEER** at



SHS Cheerleading camp

- Cheers and Dances
- Sign making
- Basic Stunting
- Team bonding games



The SHS cheerleaders will be hosting a youth cheerleading camp this summer! Come join the fun and help build community spirit for the Sentinels!

Cost: \$60 per/ participant – cost includes camp t-shirt, hair bow, award certificate

When: Monday, Wednesday, Friday the week of June 26th –28th from 9:00 AM to 12:00 PM

Where: Steilacoom High School Auxiliary gym at Steilacoom High School

What: Participants will learn basic motions, dance, jumps, and traditional cheers from the SHS Cheerleaders. Each day they will have the opportunity to practice cheering for the youth football camp occurring at the same time

Bring registration form to the 1st day of camp.

Please contact Patricia Sortore with any questions 253-983-2330

Steilacoom High Cheerleading Clinic Registration Form

Last Name: _____ First Name: _____ Female / Male

T-Shirt Size (Adult or Youth sized available) _____

Home Phone: _____ Cell Phone: _____

Emergency Contact & Number: _____

Address: _____

Mailing Address

City

Zip Code

School Name: _____ Grade: _____

Insured by: _____ Policy Number: _____

- I hereby consent to emergency treatment, hospitalization, or other medical treatment as may be necessary by physician, qualified nurse, or hospital in the event of an injury or illness.
- I understand that insurance is MANDATORY!
- I hereby waive on behalf of myself and the above student, any liability of Steilacoom High School, Steilacoom School District, or any coaches, cheerleaders and parents for injuries sustained at the Steilacoom High Cheerleading Clinic.
- I hereby accept financial and legal responsibility of the above student in the event of any injury or illness
- I hereby accept financial and legal responsibility of the above student for property damage.

I hereby state the above information is true and agree to guidelines as established by Steilacoom High Coaches and Cheerleaders

Parent's Signature: _____

Printed Name: _____

Signed the _____ day of _____, 2012.

Health Concerns / Allergies

Attention Lady Sentinels Soccer Players & Parents

High school soccer season is fast approaching, and this year we will be starting earlier than ever before! The girls soccer team will be holding Spring and Summer workouts and practices to prepare for the upcoming Fall season. Spring practices for high school students will begin on June 4th from 3:00-5:30 PM at Steilacoom High School. Eighth grade students are encouraged to come out and watch the first two days, but cannot begin practicing with the team until June 6.



Spring Practice Dates:
June 4th-7th from 3:00-5:30 PM
June 11th-12th from 3:00-5:30 PM
June 14th-15th from 3:00-5:30 PM



Once Spring practices conclude, our Summer workout/training program will begin. Every Tuesday and Thursday starting on June 19th, there will be workouts at the High School from 3:00-5:00 PM.

Interest meetings for eighth graders and high school student-athletes were held in mid-May and those players should have the necessary paperwork to allow them to take part in our training program.

If you need any additional information, contact Coach Haller:

khaller@steilacoom.k12.wa.us



Girls Swimmers & Divers

SWIM TEAM? Calling all girls to join Steilacoom High School Girls Swim and Dive Team! There will be an 8th grade girls meeting at Pioneer on May 31st, at 12:12 PM in room A 115. We will give out all the information and all forms to fill out that day! Girl's will need to pay the SHS ASB and User fees and will need to buy a suit, goggles and cap. There will be a high school meeting the same day on May 31st at 1:55 PM, immediately after school for the high school girls in room 111, Mrs. Jensen's room (in the Pod).

Hope to see you there! Coach Casey & Jensen

Host Families Needed for Exchange Students

CETUSA is a foreign exchange student organization that is looking for a family to open their home to Vilde, a 16 year old female from Norway. Vilde will be arriving in August to spend the year attending the local high school. Her interests include animals, photography, reading and going to the movies. She would eventually like to become a doctor.

There is also Luca, a 17 year old male from Germany. He also is arriving in August and has specifically requested Washington to study in. He enjoys playing soccer and is interested in the police department.

Both of these students arrive with their own spending money and insurance. These students do not need a room of their own and can share with someone of the same gender. You don't need to have a child at home. If you could open your heart and home to one of these students or if you need more information, call Pam McLean 253-370-8033.



It has been another great year for the Booster Buddy program! We had 38 staff who participated this year and the feedback from the staff was great!!! Thanks to the Booster Buddies our wonderful staff received monthly surprises throughout the year which I know they all appreciated so much!!! Thanks for another great year!!! Let me know if you would like to be a Buddy next year!

Ellen Balls chwksrgr8@yahoo.com



Attention SHS Football Payers & Parents

The 2012 Football season is quickly approaching, and we are preparing our Spring and Summer plans. If your son is interested in playing football for Steilacoom High School, we hope this article will give you the necessary information.

Benefits of Joining SHS Football Team:

There are many benefits to participating on the SHS football team for incoming 9th graders. We believe that football offers young men a unique opportunity to be a part of something special and teach them many important life lessons. There is the obvious benefit of helping them achieve physical fitness, but we believe there are far greater benefits beyond physical fitness. Football is a terrific way of offering them an opportunity to make new friends at the high school before the school year begins. Football teaches them many important skills they will need for high school and their future, including time management, commitment, work-ethic, and the ability to work with others effectively. We hope that your son will join us for the 2012 summer and fall football seasons.

Spring Parent Meeting: Thursday, June 7th @ 6:00 PM-SHS Commons

We strongly encourage you to attend the Spring Football Parent meeting on Thursday, June 7th at 6:00 PM. This will be a great opportunity for you to meet the coaches, ask questions about the program, and sign up to be a part of the parent organization which provides so much to our young men. We will discuss the Summer Football Team Camp, as well as plans for the Fall. To run a successful high school football program, we need involved parents. Please attend this meeting if at all possible!

Spring Practices: May 29th - June 13th

Spring practices are a fantastic way to introduce your son to the Sentinel Football program. They offer an opportunity for athletes who are new to the sport to come learn the fundamentals, and for returning players to get back into the swing of things! We will hold spring practices beginning on Tuesday, May 29th. Our spring practices will be held Monday-Thursday from 2:30-5:30 PM, and will conclude when we participate in a Spring Jamboree on Wednesday, June 13th, 2012 at North Thurston High School. Players are expected to participate in practice each day so they are prepared for the jamboree. This is a great way for us to jumpstart our summer season as a team! If your son is an incoming 9th grader, he should attend practices on June 6th, 7th, 11th, 12th and meet the coaching staff. If he is attending summer football camp, we will issue him his equipment during these practices.

We want ALL of our incoming freshman to attend spring practices, and our summer football camp!

Weight Training & Conditioning: June 18th - August 14th

In the current atmosphere of high school athletics, spring/summer training is a necessity. The simple fact is, if our athletes are not lifting weights and conditioning with their teammates/coaches during the spring/summer months they are putting themselves at a competitive disadvantage, and quite frankly, may be putting themselves in a situation where being injured is more likely. Scientific studies have proven that athletes who lift weights appropriately within a complete conditioning program will have stronger joints, ligaments, and muscles, and are less likely to suffer injury. Our coaching staff has put together a comprehensive strength and conditioning program to ensure that our players are doing everything necessary to be physically prepared for the upcoming season. Not only do we want to ensure that our athletes are stronger and healthier, but we also believe in the team-building aspects of a shared sacrifice experience that weight

training and conditioning offers. Few things can help bond a team like sweat and hard-work in the summer months. As coaches, we believe that the single greatest improvement we can make within the football program is our offseason training program and the commitment to it from athletes. Our opponents are lifting weights, conditioning, and improving as a team during the summer months. We have to do the same! Our hope is that as parents, you will understand the benefits to this spring/summer conditioning program, and encourage your child to participate. We will offer a flexible schedule with AM and PM sessions for workouts in hopes that your son can attend in either the morning or evening Monday through Thursdays!

Summer Team Camp: July 22nd – July 26th

Probably the single most important event we attend over the summer months is our Team Camp. This year's camp is being held at Ellensburg High School in Ellensburg, WA from Sunday, July 22nd through Thursday, July 26th. I am strongly urging you to find a way for your child to attend our football team camp. The camp is a tremendous opportunity for our team to come together and bond for the upcoming season. We will focus there not only on football skills, but also on becoming a unified group with a common purpose. We will work to create a family atmosphere amongst our team, and nothing is more important to that atmosphere than spending 5 days of football camp together. We need your son to attend team camp, and we hope that you will encourage him to do so! If your son needs financial assistance, we offer a summer work program where they are afforded the opportunity to perform yard work for citizens who will pay for them to attend camp. Please contact me if you would like to participate in this program, or if you would like the registration information for the team camp.

Physical Exams: Please schedule as soon as possible.

If your son has a physical exam that *expires* in the year 2012, please schedule an appointment for him to receive a new physical exam ASAP. All athletes **MUST** have a valid physical exam on file with the school to participate in any athletics. We strongly encourage our athletes and their parents to be proactive, and to schedule a physical exam as quickly as possible. Many physical exams can now be completed at local drug stores or through available walk-in clinics, so a special appointment with a family doctor is often times not necessary. Please complete this physical exam before spring practices begin.

Eligibility Packets & Concussion Forms: Due May 24th, 2012

You can pick up an Eligibility Packet from the high school main office anytime. If an athlete wants to participate in Football he must have an eligibility packet completely filled out by his parents with a signed concussion form.

Fall Practice Begins: August 15th, 2012

We will hold our first practice on August 15th at 2:30 PM. All eligibility paperwork must be completed prior to this date.

Parent Participation

We will do everything we can to be as communicative and organized as possible. In return, I hope that you will do all you can to support our team. Football is in need of parents who are willing to organize and mobilize the rest of our parents and participate in team dinners, fundraising, weekend volunteers, the team banquet, and a myriad of other activities. Please see the attached Parent Volunteer jobs for further information about how you can participate. I know that you and your family are making tremendous sacrifices in both your time and money for your son, and I sincerely appreciate it. The season and our team cannot be successful and memorable without the support of our parents!

In the end, I truly hope that football will be a positive experience in your son's life. Beyond the touchdowns and tackles, wins and losses, the true value of this great game is in the life-lessons it teaches and the relationships it fosters. Dedication, hard-work, enthusiasm, commitment, and sacrifice are virtues not just for a football team, but for any man as he enters adulthood. My hope is that when all is said and done, in 10-20 years your son will look back on his time as a Sentinel, and recognize that it made him a better man, father, husband, and citizen.

Should you have any questions, please don't hesitate to contact me.

Sincerely,

Brian Koch, Head Football Coach – Steilacoom HS

(253)355-2801 (cell) email at bkoch@steilacoom.k12.wa.us

SHS Student 2 Student Team **On It's Way to Texas**



The Steilacoom High School Student 2 Student team has been selected as among the "Best of the Best" S2S programs, and asked to represent their program at the 14th Annual Military Child Education Coalition's National Training Seminar in Grapevine, Texas this June. The SHS S2S team is one of five groups selected from around the world to present the activities and events they offer to transitioning students at the high school. This is the fifth time our S2S team has been asked to attend the annual MCEC conference, and MCEC only invites the schools with what they consider to be the strongest programs.

Representing our school and our S2S program at this year's MCEC conference will be Paige Desmond (junior), Shaina Santonil and Ben Scott (sophomores), and Zack Riekema (freshman). According to S2S Advisor, Craig Miller, "all four are among the best and brightest at Steilacoom, and I know they will do a great job representing our program, the school, and our community." Congratulations to the Steilacoom Student 2 Student Team!



Lunch Account Balances\$



All account balances are due by the last day of school! Positive and negative balances carry over from this year to next school year! Report cards, transcripts and anything else needed to leave the district can be held if you owe money to food services!

If you have a positive balance remaining and are graduating you can transfer it to a younger sibling or donate it to a needy classmate. If you are moving or graduating and don't have a sibling or don't want to donate your remaining funds you can request a refund by emailing Veronica Moore at vmoore@steilacoom.k12.wa.us with your name and mailing address.

Other food service questions or comments? Contact Food Service office at 583.7273 or email kjacobs@steilacoom.k12.wa.us

Families at Steilacoom High School Booster Club needs you!

The Steilacoom High School (SHS) Booster Club board members would like to thank the over 150 members who supported students this year at SHS. Just by joining the Booster Club every parent, teacher and family member helped accomplish so much for our high school students. Your membership dues went directly to school and student activities. Our biggest expense this year was assisting the science department with the purchase of a model of an eyeball and a two stage vacuum pump. But that was only the tip of the Booster Club iceberg. The Booster Club also offered financial support to many different students, teachers, classes, clubs and sports groups so they could do their best and reach their goals. We would also like to give an extra shout out of thanks to those parents who not only joined, but volunteered their time this year. Double thanks to you! We hope the new incoming parents of SHS will continue the tradition of joining the Booster Club so the students and teachers have the resources they need to continue making SHS the very best! Memberships start as low as \$10.00. Look for more information in future newsletters and at Sentinel Day August 24th.

2012-2013 Booster Club Board

* Areas needing someone to step in and help

* President or Co-President: _____

Vice President: Kathy Roark KMrRoark94@aol.com

* Treasurer: _____

Secretary: Mim Billman mimandpaul@hotmail.com

Senior Class Parent Reps: Starlene Enfield starjenfield@gmail.com

Junior Class Parent Rep: Donna Barlow donna.barlow@q.com

Sophomore Class Parent Rep: Brea LaRue blarue24@hotmail.com

Freshman Class Parent Rep: Patricia McLean triciapmclean@yahoo.com

Red Ribbon Bazaar: Bettye Craft craftybettye@msn.com

Newsletter: Nanette Winkler winkler4@comcast.net

Booster Buddy: Ellen Balls chwksrgr8@yahoo.com

Staff Appreciation: Karen Hobbs, Voraya Srisamang,

and Christine Mullen Christinemullen@mac.com

Football ticket scheduling: Page Howard page1946@msn.com

Football concession stand: Page Howard page1946@msn.com

* Basketball ticket scheduling: _____

* Basketball concession stand: _____

Basketball concession scheduling: Erica Johnson ericajim@yahoo.com

Important Dates for Senior Parents & Family

May 25th Seniors doing correspondence courses – You must have all work completed and mailed.

May 31st @ 7:00 PM Senior Awards Night in the SHS gym.

June 8th @ 10:00 AM **Mandatory** graduation rehearsal, PLU- location TBA caps & gowns will be distributed after rehearsal for the formal senior portrait. Order forms for the class formal picture will be emailed to families.

June 6th @ Sunnyside Bach Sunset Barbeque

June 9th Baccalaureate @ 4:00 PM at Church of Jesus Christ of Latter Day Saints

June 10th @ 1:00 PM Graduation at PLU, No tickets required. Seniors need to be in the green room no later than 12:00 PM

June 10th-11th After Grad Party. Pre-purchased tickets are required for this event. Contact Denise Lowry dlowry@gth-law.com or 620-6509



SHS Library Wraps up the School Year

Yes, another busy and successful year in the SHS Library is coming to a close. We've been able to get some great new books this year, continue developing our online resources, and the number of students coming in for the whole range of reasons for using the library continues to average about 200 each day.

One of the tough parts of checking out library books is being sure to return them. Another part is returning them before they become overdue. Reminder notices have gone out every month during advisory or through English classes, but the deadline is now to get those books back and those fines paid. Report cards and diplomas will not be released until library books, textbooks, and overdue, lost, or damage fines over \$3 are taken care of. If you have any questions about books or fines, be sure to call Mrs. Litt at 983-2321, or by email at tlitt@steilacoom.k12.wa.us

***This year, we will again offer opportunities to help clear up overdue fines. Mark your calendar for either May 31st, or June 7th. The Library will be open from 2:00-4:00 so you can "Read Down" overdue fines.

Follow these easy steps:

1. Come sign up in the Library
2. Divide your total overdue fines in half.
3. For every minute you read, you get 5¢ credited against your fine.

Hey! I can read (that's a good thing) to clear up money owed in overdue fines? Yes, it's true. Sounds like a win/win, doesn't it?

SHS Steps up in Battle of the Books

The Steilacoom High School Book Club sponsored our school's first involvement with the nationally known Battle of the Books contest. We were invited to participate in the Clover Park District High School Level Battle in April, and after two grueling rounds of very specific questions from ten young adult novels, the group from SHS came in just one question behind the winning team from Clover Park High School. Congratulations to our team of five readers, Anola, Idalis, Jessie, Kaley, and Neal, for a great rookie performance. Next year, the SHS team will have experience and great readers, all ready to take first place. Be sure to listen to the announcements for the invitation to join our team next year!

Thanks also to the Friends of Steilacoom Library for providing refreshments for all competitors.

Steilacoom Farmers' Market

Steilacoom Farmers Market starts June 13th and runs each Wednesday through August 29th. The market is open from 3:00-7:00 PM and runs in conjunction with the Steilacoom Concerts in the Park which start at 6:30 PM each Wednesday. Fresh produce, flowers, cheese, baked goods (including gluten-free) and a variety of specialty foods and crafts will be offered as well as prepared foods perfect for picking up on the way to the concert. For weekly 'fresh finds at the market' updates follow us on facebook or join the mailing list at steilacoomfarmersmarket.org. For more information including volunteering opportunities contact Laura Johnson @ 253-581-1912 or laura.johnson@ci.steilacoom.wa.us

Red Ribbon Bazaar set for December 1st

The Red Ribbon Bazaar will be held on December 1st. Applications are being sent to potential vendors this summer. If you know someone who does arts and crafts and who would like information about the bazaar, email the bazaar organizers at redribbonbazaar@hotmail.com.





Mrs. Tina Hayden May Staff Spotlight Recipient

Brought to you by SHS Booster Club and SHS Leadership

Written by Chris Wallace

Each month, a teacher is chosen to be recognized for his/her hard work and effort in our school. These individuals are chosen for qualities like dedication or going beyond job requirements. This month, we've selected an individual who dedicates her time toward the betterment of students. Mrs. Hayden has a long history of schooling, starting with her own at Roger's High school. Afterward, she went to Central Washington University for her undergraduate degree, and finished her studies at the University of Puget Sound. Mrs. Hayden first worked at Greenhill Academic School, a maximum security middle school where she helped students receive an education and change their lives for the better. After that, she moved on to teaching at WF West, and continued to do the same.

Mrs. Hayden felt that teaching at these schools allowed her to make a real difference in the students' lives. For example, one student that she taught went on to run a successful business. Eventually, Mrs. Hayden moved from WF West to Steilacoom High School, where she currently teaches Drama, English, and Marketing. When asked why she chose to become a teacher, Mrs. Hayden said that prior to graduate school, she was involved in Broadcasting and Marketing. However, she realized that she wanted to pursue a different career. She felt that she enjoyed helping children, and decided to become a teacher. Now, she is able to enjoy interacting with her students, and gets to see that students are learning and enjoying school every day.

In her free time, Mrs. Hayden likes spending time in nature, and with sports. She likes hiking and volunteering to care for trails. She also enjoys watching her son's sports games, and helping to pick-up the field. Mrs. Hayden has an admirable care for children, something for future students to look forward to.

From the students at SHS, Thank you Ms. Hayden!

Class of 2013 Parents

One of our main goals this year is to throw our Seniors of 2013 a graduation party. The graduation party is set for after graduation. It will be a fun overnight event for them.

To make it a reasonable price for all of our kids we will be having an auction, November 3rd and selling raffle tickets. We are looking for donations of items for the raffle and for the auction. Right now we have \$600.00 donated towards purchasing our big ticket items for the raffle. There will be three purchased or donated items for this raffle. The raffle will start July 4th and end at the Red Ribbon Bazaar, December 1st

Help Needed

- ✓ Help procuring items for the raffle & the auction
- ✓ Help at the booth on July 4th & Apple Squeeze for a few hours
- ✓ Cases of water donated for us to sell at our 4th of July booth.
- ✓ Send your email address to starjenfield@gmail.com
- ✓ Attend the next parent meetings June 19th at 6:30 PM & August 14th 6:30 PM at the Inn at Saltar's Point in Steilacoom

Anything you can do is appreciated. You don't have to do everything just one thing will help our class. Starlene Enfield starjenfield@gmail.com



SHS Students Perform Well on the National French Exam

On March 27th, 2012, the French 1 and 2 classes took *Le Grand Concours National*—the French National Exam. *Le Grand Concours* is an annual competition sponsored by the American Association of Teachers of French. In this competition, French students in grades 1-12, in all 50 states and abroad, take a written test and compete against students with similar educational background for prizes. The *Grand Concours* tests are developed annually by the American Association of Teachers of French as a motivational, extracurricular activity/contest for students of French. The exam provides a national "guide" to help teachers determine how their students perform, item by item, based upon major grammar concepts, reading comprehension, aural comprehension, and cultural topics. The *Grand Concours* is on the list of approved tests published by the National Association of Secondary School Principals (NASSP).

This is the second year that SHS French students have participated in this prestigious competition, and the first time that 1st and 2nd year students have participated. This year we had students compete in the 1A, 2A and 2C divisions, competing with over 36,000 other students from our nation and abroad. In these divisions, Steilacoom achieved several Honorable Mention (ranks 16-20), Chapter Winners (Ranks 11-16); 3 "Top Rank" Chapter winners (ranks 1-10), and one National Winner, sophomore Nolan Brady. Nolan competed in the 2C division (heritage speaker) placing in the 3rd rank in the Washington, Alaska, British Columbia Chapter, and 4th in Nation. Deelyn Cheng placed in the 10th Rank in Chapter and 11th nationally in the 2A division, and Lysis Caceres placed in the 10th Rank in Chapter and 13th nationally. These three students will receive special honor for their scores in this competition. Other Chapter winners are Kyra Combs (1A), Isis Delgado (1A), Ben George (1A), Jessie Koch (1A), and Ben Waight (1A), Honorable Mention goes to Elisa Campomanes, (1A), Margerie Celestra (1A) Fayette Choi (1A) Lemecah Henry (1A), Katie Howard (2A), Jeannie Lindsay (2A), Robin Michel (2A). Other high scorers were: Adam Kozyra (2A) and Vincent Wolfgram (2A). Our high school students competed against some of the most prestigious private and top public schools in the nation. Congratulations!



Choral Department Information

Next year, there will be a new Choral Director at Steilacoom High School. Mr. Lindquist is moving in late June to Fargo, ND, where he grew up, so his wife can pursue a nursing degree. He will greatly miss the students of SHS and the communities of Steilacoom and DuPont. He has confidence that a very qualified person will be hired to replace him and hopes that everyone will be open to new ideas while maintaining our tradition of choral excellence.

Auditions for The Puget Sound will be in the fall so the new director can pick the singers. Uniform costs may vary, but for Pinnacle, expect \$137.00 for a boy's tuxedo and \$65 for a girl's dress. Do not pay for a t-shirt or hoodie on Sentinel day, as the price will depend on the item(s) purchased. TPS dresses in the past have cost \$107.00.

Joe Lindquist, Choral Director

SHS Sentinel Booster Club
 Part of the Steilacoom Historical School District #1
 510 Chambers Street
 Steilacoom, WA 98388

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 Permit # 1



Have a Fun & Safe Summer

part of the Steilacoom Historical School District No. 1

Steilacoom High School Special Dates

- May**
- 25 Snow Make Up Day for January 19th**
 ~ Seniors - All Correspondence & Running Start grades are due ~
 - 28 Memorial Day - No School**
 - 30 Concert in the Park @ 7:00 PM** at Pioneer Park in Steilacoom
 - 31 Senior Awards Night @ 7:00 PM** in Gym
- June**
- 6 1 Hour Early Release @ 12:55 PM** for ACE
 - 8 Mandatory Graduation Rehearsal @ 10:00 AM**
 - 9 Class of 2012 Baccalaureate @ 4:00 PM**
 at Church of Jesus Christ of Latter Day Saints
 - 10 Class 2012 Graduation @ 1:00 PM** at PLU
 - 13 School Board Meeting @ 7:00 PM** at Pioneer Middle School
 - 14 Calendar change - Full Day of School Dismissal at 1:55 AM**
 - 15 Snow Make Up Day for January 20th Last Day of School**
 Half Day Release @ 10:55 AM
 - 22 Report Cards Mailed Home**
 - 28 School Board Meeting @ 7:00 PM** at Pioneer Middle School
 - 29 Last Day to Pay Fines 9:00 AM - 12:00 PM**
- August**
- 9 School Board Meeting @ 7:00 PM** at Pioneer Middle School
 - 14-16 HSPE Retake for Writing and Reading tests**
 - 20 School Offices Open 9:00 AM - 2:00 PM**
 - 23 New Student & Freshman Orientation @ 6:30 PM** in Gym
 - School Board Meeting @ 7:00 PM** at Pioneer Middle School
 - 24 Sentinel Day** A day to take care of your start up fees.
 9:00 - 11:30 AM Freshman & Sophomores
 12:30 - 2:30 PM Juniors & Seniors
 - 30 First Day of School 2012-2013 School Year**
- September**
- 3 Memorial Day - No School**
 - 12 1 Hour Early Release @ 12:55 PM** for ACE



SUMMER HOURS
 For SHS Business Offices Monday - Thursday 9:00 AM - 2:00 PM
 CLOSED July 3rd - August 20th for the Summer
 Steilacoom Historical School District Office Summer Hours
 Monday - Thursday 8:00 AM - 2:00 PM

For other school district news visit www.steilacoom.k12.wa.us
 SHS Phone # is (253)983-2300 Emergency Information # is (253) 896-2897
 SHS Analog Phone number when power outages occur (253)582-1032